

Unified Life Sciences

A Revolutionary Approach to the Healing of Body, Mind & Spirit

Chinese Medicine and Human Design

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Forward

Studying the synthesis of fields that make up the body of the work in Human Design becomes a daunting task to contemplate. The basic comprehension of the Body Graph and what it means can be grasped simply. However, once one enters the arena of discovering the depth of the material, the wealth of knowledge and the scope of the fields integrated shows its holographic nature mirroring the complexity of life itself. As part of our task in documenting the science of all areas related to design and its applications, we have associated ourselves with Brad Tatarzycki who is an Oriental Medical professional.

Brad's knowledge of Oriental Medicine opened doors for us at Unified Life Sciences that are essential to health as well as to understanding the structure of the I-Ching. Our work with Brad has allowed a flowering of our work in new ways and with new facets both scientifically and clinically. In this vein, Brad has written an introduction to his work to begin the process of introducing Chinese Medicine and its possibilities to students of Human Design.

Chinese Medicine and Human Design

“At the moment of conception, heaven places the *yuan qi* within. Until birth, our development is presided over by the *yuan qi*, which burns like a diamond in our depths. This period of time is presided over by early heaven because our life is guided only by inherited and no acquired influences. At birth, the moment of our first breath corresponds to the assertion of acquired *qi* and later heaven as a guiding influence. As the influence of the inherited endowment is obscured by the process of socialization, our *shen* allows us to form an active conduit from heaven without (our life circumstances) to heaven within (our original energy and essence). This alignment between the outside world and our inner domain is replicated in the functional relationship between each pair of yin and yang officials.”¹

¹ Jarret, Lonny S. *Nourishing Destiny: The Inner Tradition of Chinese Medicine*. Stockbridge: Spirit Path Press, 1998.

The above excerpt, taken from the writings of an accomplished practitioner of Chinese medicine, speaks of the principles at the root of human life. It speaks of genetic qualities, developmental processes, influences from environment and other beings, a linking energy between the heavens and physical form, and a direct correlation between the organs of the human body and the universe. These ideas are not new. For thousands of years, medicine has been practiced around the world from the perspective that the body is an energetic microcosm of the macrocosm of the universe; we cannot separate the body, or the spirit, from the workings of the heavens. Chinese medicine, as practiced today, does not deviate from these principles. Chinese medical theory of today is inherently the same as it was over 2,000 years ago. To learn Chinese medicine, one must go back to the original texts, sometimes older than 2,000 years old, to understand the nature of human physiology and medicine as perceived by the Chinese culture. The perceptions of the great sages of old hold true today.

The Human Design System brings an evolution to our existence: it synthesizes varied aspects from our history into a means of understanding meant for today and tomorrow. At its core lies the knowledge that human life (body, mind, and spirit) is not separate from the environment, but is in fact very much affected by the daily rhythms and chaos of the universe. Through Human Design, we can look into the detailed workings of a person. The how's and why's can be seen through the body graph; the anatomy and physiology of the body can be seen in the body graph. We can now begin to look at our health from another perspective, as the Human Design perspective gives us another avenue to understand disease. It is another piece to the intricate puzzle of the human body.

Unified Life Sciences is currently working on the puzzle, using as many roads as necessary to understand how Human Design can be used medically. We are researching the correlations between medical theory, both Eastern and Western, medical practice, and Human Design. One of these roads is Chinese medicine, a medicine based on the principle of the flow of energy, or chi, as the Chinese call it. As the picture very slowly unfolds, I am astounded by the direct links between Human Design, Chinese medicine,

and Allopathic medicine. One correlation between Chinese medicine and Human Design shows in connections between the Heart Center in the body graph and the writings from a Chinese medical book, *The Spiritual Pivot*, written approximately 2,500 years ago (the actual dating of the book is disputed by scholars). “After the five grains enter the stomach, their wastes, fluids and humors, and the ancestral chi separate into three canals.”² The key in this sample is the stomach and its separation into three channels, seen in the body graph of Human Design and written about, roughly, over 2,000 years ago in China. This is one of many direct links between Chinese medical theory and the body graph.

As we examine what Ra Uru Hu has kindly brought to us, we must understand that we are at the very beginning of the blossoming of a new science and art that requires much water, nutrients, sunlight, care, and patience. Through our resources, time, hard work, and collaboration, we have the potential to develop this field into something useful for many different aspects of society. Unified Life Sciences is working toward this end and we invite your professional help and input.

² Yang Shou-zhong and Li Jian-yong (trans.). *Li Dong-yuan's Treatise on the Spleen and Stomach*. Boulder: Blue Poppy Press, 1993.