



Unified Life Sciences

A Scientifically Proven Multidimensional Approach to the Health of Body, Mind, and Spirit

An Introduction to Multidimensional Human Design and its Benefits

By Eleanor Haspel-Portner, Ph.D.

Note: This article was first published in 2001 as “An Introduction to Design and its Benefits.” Because it documents the origins and development of work that evolved into Noble Sciences Sacred Synthesis it is being published in its original form with only a change in the title to preserve the integrity of the material and so readers have a sense of the roots and complexity of Noble Sciences Sacred Synthesis.

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Article

When we enter the world through conception, we are cellular in form. Our genetic composition and predispositions, in the context of the environment in which we develop in utero as well as the zodiac, influences or imprints on this development to determine the vehicle with which we live throughout our life. We have, in actuality, only a modicum of control. How we manage the vehicle with which we are born functions essentially like how we manage a car we drive.

Regardless of the kind or Type of vehicle we drive, we can drive well and carefully, with thought as well as caution, or we can drive recklessly, with no concern for the consequences of our behavior. Managing our physical vehicle is no different. How we live, eat, relate to others while *not* in our control on a basic level, because of our predispositions, *are*, however, within our management. I call the aspect of conscious Personality in a Waking Human Design Chart the Influential Passenger. Keep this term in mind as you continue to read and begin to understand the nature of the map you are about to discover for your own vehicle.

Through the use of the basic Multidimensional Human Design Charts we have a map of our vehicle and of how we are predisposed to manage it. Several Charts comprise this system that have been shown to have validity through statistical documentation*; they show that we each have strategies that work well for us. When using these congruently inherent strategies we feel comfortable in managing our Vehicle. Important also, through proper management and strategy, we find life more effortless and flowing in a way which empowers us. This way of being feels like we are “being our Self.”

Throughout history man has searched for the elixir of enlightenment. Always the Master has told the student that the answer is within and that being oneself in one's core being makes life joyful as well as effortless. Through a mechanical integration of many disciplines we now have scientific documented evidence that there is a simple map that helps people find themselves without therapy, without drugs, without turmoil in their life. This map has the capacity to explain much of the genetic and physiological basis of behavior as well as providing an energy map of how those aspects get triggered.

On the most surface level a person, an awake/aware person, experiences him/herself as an energetic being moving in time and space. Energetic movement happens on two basic levels in a person: what in Human Design has been called the Conscious Personality and the Unconscious Design. It may be more accurate to describe these levels of awareness as the Influential Passenger (IP) and as the Energetic Vehicle (EV). The IP is an energy map of the person based on the time and place of their birth. It represents an imprint of the cosmic forces that have magnetized their genetic predispositions in ways that are accessible to their conscious awareness in day-to-day life. The EV is the unconscious Human Design calculation based on the imprint of the cosmic forces that have magnetized the fetus 88 Solar days before birth or at the time when the fetus became a viable consciousness. This map of the EV is not accessible to the awareness directly but rather influences the passenger in ways that are constant and familiar in daily life and in his movements in time and space.

The other more subtle layers of awareness function in similar ways and are documented in Noble Sciences Sacred Synthesis that explains the Multidimensional Human Design System in detail.

* References

- “Revised Research Verifies 5 Types in the Human Design System”. Eleanor Haspel-Portner, PhD. Unified Life Sciences. August. 2001, 2003.
- “Type Distribution in the Triple Design Matrix”. Eleanor Haspel-Portner, Ph.D. Unified Life Sciences. August. 2001, 2003.

About the Author

Eleanor Haspel-Portner, Ph.D. passionately synthesizes esoteric wisdom and scientific discovery. With her Ph.D. from The University of Chicago, Department of Comparative Human Development, Eleanor is uniquely qualified to integrate Social Sciences (psychology, biology, anthropology, sociology) Research with a wide array of esoteric studies.

Through the principles and tools she developed and validated at NobleSciences.com, Eleanor helps people transform their lives. Throughout thirty-five years of private practice work as a coach and clinical psychologist, Eleanor worked with thousands of individuals, couples, and groups to synthesize life experiences in practical ways for living healthy, successful, and creatively fulfilling lives.

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About Noble Sciences

Noble Sciences mission is to verify and scientifically document the Multidimensional Human Design knowledge created, developed, and researched by Eleanor Haspel-Portner, Ph.D. Noble Sciences evolved from work begun at Rave Life Sciences in 1999 by Eleanor, Marvin Portner, M.D., and Ra Uru Hu who partnered with Eleanor and Marvin to verify the Human Design System.

Based on the statistical research completed on over 45,000 cases, Eleanor expanded the Human Design System correcting some of its erroneous hypotheses, expanding its calculations, and verifying additional layers of consciousness, and their ways of operating in developing human personality. Multidimensional Human Design, Unified Life Sciences, and Noble Sciences are Eleanor's proprietary system. She has not authorized any teachers or licensed the use of her system to date.