

## Unified Life Sciences

*A Revolutionary Approach to the Healing of Body, Mind & Spirit*



### **Illumination in Human Design: Astrology, Tarot, Myths, and Metaphors**

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#### **Part 1**

##### **Introduction**

Myths, parables, metaphors and archetypes give colour to our language and have a way of reaching into our psyches. They help make the abstract concrete. Telling a story gives our brains something visual, allowing us to 'see' in our minds eye. I have used deep relaxation with visualization for many years as a tool to access the deep subconscious of the individual. Putting people into an altered state,' allows them to access their deepest area of their psyche. I have found visualization an extremely powerful tool, so in the learning and teaching of Human Design, I created materials that allow people to access the creative parts of their self in order to 'see' and know themselves. My studies of astrology and homeopathy, flower remedies, crystals etc. all merge together in this paper using Human Design as the synthesis it so rightly represents. My particular interest in the astrological data is presented, as it has been a focus in my quest to understand Human Design for myself and also to pass it on to others so that they may understand it deeply.

When I had my design read, I felt as though I had 'come home' to a comfortable armchair, which was essentially me. It had lumps and bumps in it, which corresponded exactly to the lumps and bumps, which made up the essential me. I sighed and relaxed into it. Friends tell me I changed that day. I've been in the awareness business for some 15 years, working on myself and as a therapist for others. There is a big difference between the intellectual knowing of one's design and the strategy of being oneself and the living of it with awareness. Since it is part of my design to take things in deeply I wanted to find a way to teach people at a deep level about their self and their not self. I tried to paint a picture for them using the visual. I use metaphor in my daily life as a therapist for the same reason. I decided to teach the I-Ching using the same method.

In the pursuit of creating teaching material for Human Design, it occurred to me that the Tarot was another way that people use to teach the nature and structure of the universe, i.e. putting instruction into a visual and schematic force. So, I included the tarot in my experimentation.

Reading *The Complete Rave I-Ching*, (Ra Uru Hu, 2001), I realized that parables, another ancient way of making the truth come alive in the art of story telling, contains material that is richly archetypal. Archetypes are ancient knowledge that is deeply ingrained in our cells, both when we are awake and asleep. (*Triple Dream Matrix*, Eleanor Haspel-Portner, 2000 2003.)

#### **The Tarot**

Tarot has been in existence for thousands of years, perhaps even before ancient Egypt.

There are many ideas of how and where the tarot originated, but there are no conclusions. The idea I like best fits in with the I Ching. According to Count de Geblin, the images of the Major Arcana were the remnants of the Book of Thoth and were connected to the secret beliefs and traditions of ancient Egypt. The custom was to stand in the Temples of Thoth whose walls were adorned with pictorial images representing the forces of the patterns of life. The person wishing to consult the gods would stand with a bundle of rods, and throw them at random. The priest would interpret the pattern of the fallen rods, depending upon where they fell. People would then draw the images in order to carry them around as a reminder.

The Tarot was certainly used in England in the Middle Ages; the imagery was used as a code to transmit the teachings of the medieval mystery schools.

In the C19, a French Rosicrucian and cabalist Eliphas Levi, linked the 22 Major Arcana with the Hebrew alphabet. The cards were numbered to fit in with this cabalistic system, and modern packs still fall into this numerical order. The letters of the Hebrew alphabet were said to connect with the Tree of Life, which illustrates how the world came into being through ten divine spheres.

The Major Arcana tell the story of the human spiritual journey, from the first naive steps taken by The Fool, to the final card The World which represents finding oneself in one's rightful place, in relation to the cosmos and in complete balance with it and ones inner and outer harmony.

The Tarot can be used in the teaching of Human Design and continues to represent all of the above.

### **The G Centre**

Looking at the G Centre, we have eight gates leading off and unlike the throat whose message is clearly to communicate with most of its gates in Gemini, each of the G gates has a different astrological sign. There are eight signs involved in the G centre. This corresponds with the eight spokes of the wheel, and the tarot card for the whole of the G centre is The Wheel of Fortune. As a circle the wheel stands for wholeness, with diversity contained within a unity. The axle stays still whilst the wheel revolves and signifies stability within the heart as the fortunes and fate of humanity changes. As the rim revolves, we experience the cycles of change, the seasons, the planets, the transits, the tides ebb and flow and night follows day. As the cycle completes, the wheel moves forward and life proceeds through the symmetrical and equal movement of opposites, birth and death, growth and decay, breathing in and breathing out, the fundamental principle of the universe. Most esoteric thought would say that the reason why we incarnate on the planet earth is in order to learn about love. It would seem that eight of the astrological signs, have come together to bring that knowledge into the G. In the tarot at the point of the wheel, the fool has reached a turning point in his journey. He is at the point where he realizes there is more to life and to himself than the world that exists outside of himself. I would like to present my ideas for discussion in a further two papers, and look forward to hear your views.

**Barbra Irvine**, CEEd, BACP, a psychological and spiritual consultant, spent many years studying the causes of illness and its impact upon an individual's well being. Barbra worked in schools, colleges, Universities, in surgeries and hospitals, in large and small companies, as a teacher, counselor and facilitator. Through her personal journey and spiritual awareness, Barbra learned and researched ancient and modern religions and their belief systems. The integration of her work culminates in her **Illuminating Journey** work that helps individuals come back to the illumination within the self. Contact Barbra through her web site at: [www.illumination.org.uk](http://www.illumination.org.uk).

Note: As in all Unified Life Sciences work, a basic knowledge of Human Design principles and its foundation is assumed. Once one lives one's strategy, expansion of information and knowledge occurs. Unified Life Science is dedicated to professional Design related education in all areas of its synthesis, clinical applications, and research.